



## SIZE & FIT CHART

How to measure your body for size



### NECK

Measure around your neck at the point where a shirt collar band encircles the neck.

### CHEST

Place tape measure up under arms and measure the fullest part of the chest, keeping tape parallel to the floor.

### WAIST

Tape measure should be straight around waist where pant waistband normally sits.

### SLEEVE

With elbow bent, measure from the center of the back at the base of the neck, across the shoulder to the elbow and then down to the wrist.

### TAILORED FIT STYLES

Cut trimmer in the sleeves and body.

### Men's Regular Size

SIZE	NECK	CHEST	WAIST	SLEEVE LENGTH
Small	15.5-16	36-38	31-32	32.5-33
Medium	16.5-17	39-41	33-35	33-33.5
Large	17-17.5	42-44	36-38	33.5-34
XL	18-18.5	45-48	39-43	34-34.5
2XL	18.5-19	49-52	44-48	34.5-35
3XL	19.5-20.5	53-56	49-53	35-36

### Big Size (6'3" & under)

SIZE	NECK	CHEST	WAIST	SLEEVE LENGTH
1XB	18-18.5	46-48	42-44	35
2XB	19-19.5	50-52	46-48	35
3XB	20	54-56	50-52	36
4XB	21	58-60	54-56	36
5XB	22	62-64	58-60	37

### Tall Size (6'4" & taller)

SIZE	NECK	CHEST	WAIST	SLEEVE LENGTH
LT	17-17.5	42-44	38-40	37
XLT	18-18.5	46-48	42-44	38
2XT	19-19.5	50-52	46-48	39
3XT	20	54-56	50-52	40



### BUST

Place tape measure up under arms and measure the fullest part of the chest, keeping tape parallel to the floor.

### WAIST

Tape measure should be straight around waist where pant waistband normally sits.

### HIP

Standing with heels together, with tape parallel to the floor, measure the fullest part.

### SLEEVE

With elbow bent, measure from the center of the back at the base of the neck, across the shoulder to the elbow and then down to the wrist.

### Ladies' Regular Size

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
X-Small	2	34	26	36.5
Small	4-6	35-36	27-28	37.5-38.5
Medium	8-10	37-38	29-30	39.5-40.5
Large	12-14	39.5-41	31.5-33	42-43.5
XL	16-19	42.5-44.5	34.5-36.5	45-47
2XL	20	46	38	48.5
3XL	22	47.5	39.5	50
4XL	24	49	41	51.5

### Women's Plus Size

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
1X	14-16	45-47	39-41	46-48
2X	18-20	48-50	42-44	49-51
3X	22-24	51-53	45-47	52-54
4X	26-28	54-56	48-50	55-57
5X	30-32	57-59	51-53	58-60

*These charts represent body measurements, not garment measurements.*